# Join us in creating a Neighbourhood Health and Wellbeing Hub, to build a better future for Earley and Woodley

As we face rising healthcare challenges, the need for partnership working and innovative, community-based solutions has never been more urgent. Yuan Yang, MP for Earley and Woodley, and The Brookside Group Practice are committed to transforming health and care delivery for our local population. Together, we are working hard for the creation of a Neighbourhood Health and Wellbeing Hub that will meet the growing demands of our patients, reduce pressure on the NHS and our local care services, and improve the overall health and wellbeing of our community.

## The challenge we can overcome

We are all confronted with many pressing issues, including:

- An ageing population with increasing health and care needs.
- Rising demand for services.
- Improving the capacity and suitability of a limited infrastructure.

It's clear that the solution to these problems will not be found in the current ways of working. The answers to our challenges call for a shift towards prevention, community-focused care, a more collaborative and innovative way of working, and through improving the sharing and integrating of resources.

# Delivering a better future for Earley and Woodley

In order to make this a reality, and to provide a better, healthier future for our local population, we need the infrastructure to support this. These must be facilities fit for the future, and shared and supported by local health and care partners and stakeholders, working together.

Our vision for this is two dedicated sites in the heart of our community.

**A Community Wellbeing Hub**: Providing social and wellbeing spaces, dedicated areas for local groups and the voluntary sector.

- Combining services to support lifestyle transformation and health anxiety in a community-friendly environment.
- Targeted services and support using population health management including wellbeing seminars, paediatric care and vocational training.

**A Clinical Hub**: Providing increased primary care capacity and a clinical hub of excellence for collaborative working across primary, secondary and community care.

- Services for urgent care and outpatient appointments.
- Diagnostic services that could include CT, MRI and Ultrasound.

We believe there may be the potential for these much needed facilities to be located in Lower Earley in the Cutbush Lane vicinity, or near to Chalfont Surgery and the Asda Superstore.

#### With a lasting impact for our community and the NHS

Our vision is one that will have a lasting impact, not only for those we provide care for, but also for our dedicated staff committed to providing the services for others.

- **Improved access,** reducing pressure on existing GP practices, community services and urgent care.
- Holistic care options, including mental health support, chronic disease management, and preventative services.
- Enhanced wellbeing for patients and staff, through integrated social spaces, physical activity facilities, and community outreach.

Making these plans a reality will save the NHS significant amounts of money and resource, and aligns with the recommendations of **Lord Darzi's Report** and **Wokingham Borough Council's ambitions** for a healthier, more connected community.

## Join us in building a healthier future for our community

We invite you to join our **Community of Interested Partners** to help us make this vision a reality. By registering your interest, you will receive details of an upcoming meeting to discuss ideas, collaborate on next steps, and explore potential involvement in this exciting project.

Let's build a better future together!

Yuan Yang MP for Earley and Woodley Dr Amit Sharma Brookside Group Practice