

## **Lisa LLoyd**

Lisa helps create workplaces where employees perform well, teams are aligned, and people are happy. As a psychologist, psychotherapist and founder of It's Time for Change, she is all about stripping back noise and getting beyond the layers of complexity to what's really going on under the surface. She works collaboratively and creatively to shape high-performing and engaged teams with psychological safety and positive mental wellbeing at the centre. Think traditional leadership development, employee experience and team-bonding turned on their head! Instead, Lisa will help you gain clarity about what success looks like for you, what is needed to achieve that, what's getting in the way, and importantly, what to do that is more effective and sustainable.

