

Charlie Winton

Charlie is the founder of OK Positive and has over ten years of experience within financial recruitment and technology organisations. While working in the recruitment sector, he suffered severe mental health issues that affected both his work and personal life. He created the OK+ platform to help people with preventative mental health support through AI technology. The platform also provides organisations the ability to use data insight to measure the impact of wellbeing interventions to ensure a proactive strategy for their community. He has five years of experience in the wellbeing sector and provides case studies around companies, charities and healthcare organisations collecting, collating and using wellbeing data effectively.

